

## **Climbing Trip Packing List Checklist**

## MyTripSecrets.com

| Category          | Items   | Checked |
|-------------------|---|---------|
| Climbing          |   |         |
| Equipment         | Dynamic & static ropes                        |         |
|                   | Carabiners                                    |         |
|                   | Quickdraws                                    |         |
|                   | Belay device                                  |         |
|                   | Slings & pulleys                              |         |
|                   | Nuts, cams, hexes, anchor tool                |         |
|                   | Helmet, harness, gloves, chalk bag            |         |
|                   | Radios, PLB, altimeter watch, headlamp        |         |
|                   | Rope bags, summit pack, haul bag              |         |
|                   | Climbing shoes, approach shoes                |         |
|                   | Crash pad, portaledge, ice axe, crampons      |         |
| Camping           |   |         |
| Equipment         | Tent, sleeping bags, pads, pillows            |         |
|                   | Camp chairs, table, water container           |         |
|                   | Hand sanitizer, toilet paper, garbage<br>bags |         |
|                   | Backpacking stove, fuel, pots                 |         |
|                   | Utensils, biodegradable soap                  |         |
|                   | Bear canister                                 |         |
| Clothing & Layers | Baselayers, midlayers, outer shells           |         |
|                   | Headwear, handwear, socks                     |         |
|                   | Softshell pants, waterproof pants             |         |

| Category         | Items                                | Checked |
|------------------|--------------------------------------|---------|
| Health & Hygiene | First aid kit, medications           |         |
|                  | Sunscreen, lip balm, hand sanitizer  |         |
|                  | Contact lens supplies, eyeglasses    |         |
|                  | Oral hygiene, moisturizer, nail care |         |
| Accessories      | Trekking poles                       |         |
|                  | Dry sacks, stuff sacks               |         |
|                  | Solar charger                        |         |
|                  | Notebook, pencil, camera             |         |
|                  | Entertainment                        |         |